



PULMONOLOGY

www.journalpulmonology.org


ORIGINAL ARTICLE

Effects of hyperoxemia in patients with sepsis – A post-hoc analysis of a multicentre randomized clinical trial

G. Catalisano^a, M. Ippolito^{a,b}, A. Blanda^c, J. Meessen^c, A. Giarratano^{a,b}, N. Todesco^d, V. Bonato^e, F. Restuccia^f, J. Montomoli^g, G. Fiore^h, G. Grasselli^{i,j}, P. Caironi^k, R. Latini^c, A. Cortegiani^{a,b,*}

^a Department of Surgical, Oncological and Oral Science (Di. Chir. On. S.), University of Palermo, Italy

^b Department of Anaesthesia, Intensive Care and Emergency, University Hospital Policlinico Paolo Giaccone, Italy

^c Department of Cardiovascular Medicine, Istituto di Ricerche Farmacologiche Mario Negri - IRCCS, Italy

^d Servizio di Anestesia, Rianimazione e Terapie Intensive, Azienda Sanitaria Friuli Occidentale, P.O. Santa Maria degli Angeli, Pordenone, Italy

^e S.C. Anestesia e Rianimazione, Ospedale SS. Arrigo e Biagio, Alessandria, Italy

^f Department of Anesthesiology and Critical Care Medicine, Hospital Papa Giovanni XXIII, Bergamo, Italy

^g Department of Anesthesia and Intensive Care, Infermi Hospital, AUSL Romagna, Rimini, Italy

^h S.C. Anestesia e Rianimazione Moncalieri-Carmagnola (TO), Dipartimento Area Chirurgica, ASLTO5, Italy

ⁱ Department of Anesthesia, Intensive Care and Emergency, Fondazione IRCCS Ca' Granda Ospedale Maggiore Policlinico, Milan, Italy

^j Department of Pathophysiology and Transplantation, University of Milan, Italy

^k Department of Anaesthesia and Critical Care, AOU S. Luigi Gonzaga, Department of Oncology, University of Turin, Italy

Received 1 December 2022; accepted 10 February 2023

Available online xxx

KEYWORDS

Hyperoxemia;
Hyperoxia;
Sepsis;
Septic shock

Abstract

Background: Administration of supplemental oxygen is a life-saving treatment in critically ill patients. Still, optimal dosing remains unclear during sepsis. The aim of this post-hoc analysis was to assess the association between hyperoxemia and 90-day mortality in a large cohort of septic patients.

Methods: This is a post-hoc analysis of the Albumin Italian Outcome Sepsis (ALBIOS) randomized controlled trial (RCT). Patients with sepsis who survived the first 48 h since randomization were included and stratified into two groups according to their average PaO₂ levels during the first 48 h (PaO₂ 0–48 h). The cut-off value was established at 100 mmHg (average PaO₂ 0–48 h > 100

Abbreviations: AKI, acute kidney injury; ALBIOS, Albumin Italian outcome sepsis; CI, confidence interval; FIO₂, fraction of inspired oxygen; HR, hazard ratio; ICU, intensive care unit; IQR, interquartile range; KDIGO, kidney disease improving global outcomes; mmHg, millimeters of mercury; O₂, oxygen; PaO₂, partial pressure of arterial oxygen; PaO₂ 0–48h, average partial pressure of arterial oxygen during the first 48 hours; RCT, randomized controlled trial; SAPS II, simplified acute physiology score II; SD, standard deviation; SpO₂, peripheral oxygen saturation.

* Corresponding author at: Department of Surgical, Oncological and Oral Science (Di. Chir. On. S.), University of Palermo, Department of Anaesthesia, Intensive Care and Emergency, University Hospital Policlinico Paolo Giaccone, Italy.

E-mail address: andrea.cortegiani@unipa.it (A. Cortegiani).

<https://doi.org/10.1016/j.pulmoe.2023.02.005>

2531-0437/© 2023 Sociedade Portuguesa de Pneumologia. Published by Elsevier España, S.L.U. This is an open access article under the CC BY-NC-ND license (<http://creativecommons.org/licenses/by-nc-nd/4.0/>).

Please cite this article in press as: G. Catalisano, M. Ippolito, A. Blanda et al., Effects of hyperoxemia in patients with sepsis – A post-hoc analysis of a multicentre randomized clinical trial, Pulmonology (2023), <https://doi.org/10.1016/j.pulmoe.2023.02.005>

mmHg: hyperoxemia group; $\text{PaO}_2\ 0-48\text{h} \leq 100$: normoxemia group). The primary outcome was 90-day mortality.

Results: 1632 patients were included in this analysis (661 patients in the hyperoxemia group, 971 patients in the normoxemia group). Concerning the primary outcome, 344 (35.4%) patients in the hyperoxemia group vs. 236 (35.7%) in the normoxemia group had died within 90 days from randomization ($p = 0.909$). No association was found after adjusting for confounders (HR 0.87; CI [95%] 0.736–1.028, $p = 0.102$) or after excluding patients with hypoxemia at enrollment, patients with lung infection or including post-surgical patients only. Conversely, we found an association between lower risk of 90-day mortality and hyperoxemia in the subgroup including patients who had the lung as primary site of infection (HR 0.72; CI [95%] 0.565–0.918). Mortality at 28 days, ICU mortality, incidence of acute kidney injury, use of renal replacement therapy, days to suspension of vasopressor or inotropic agents, and resolution of primary and secondary infections did not differ significantly. Duration of mechanical ventilation and length of stay in ICU were significantly longer in patients with hyperoxemia.

Conclusions: In a post-hoc analysis of a RCT enrolling septic patients, hyperoxemia as average $\text{PaO}_2 > 100$ mmHg during the first 48 h was not associated with patients' survival.

© 2023 Sociedade Portuguesa de Pneumologia. Published by Elsevier España, S.L.U. This is an open access article under the CC BY-NC-ND license (<http://creativecommons.org/licenses/by-nc-nd/4.0/>).

Introduction

Administration of supplemental oxygen is a life-saving treatment in critically ill patients with hypoxemia,¹ but optimal dosing remains unclear in various patient populations. Critically ill patients treated with excessive doses of supplemental oxygen may develop hyperoxemia, which may have detrimental effects on organs and tissues. Hyperoxemia reduces heart rate, cardiac output and coronary perfusion, and increases systemic vascular resistance.² Moreover, hyperoxemia decreases cerebral blood flow and causes pulmonary toxicity through different mechanisms (altered surfactant protein composition, reduced mucociliary clearance, inflammation of lung parenchyma, resorption atelectasis in lung regions with low ventilation/perfusion ratios, reduced lung compliance and increased risk of infections).^{1,3,4} On the other hand, higher levels of oxygen may boost a neutrophilic response to extracellular pathogens through oxidative killing, suggesting that hyperoxemia could be associated with a lower risk of surgical site infections and consequently with a survival benefit in patients undergoing major surgery.^{5,6}

The effect of O_2 supplement has been studied in intensive care unit population⁷ as well as in more specific categories of patients such as invasively mechanically ventilated patients^{8,9} or patients undergoing ECMO,¹⁰ but there is still conflicting evidence regarding the use of conservative or liberal oxygen administration in septic patients.^{5,11–13} Therefore, the aim of this post-hoc analysis was to evaluate the association between hyperoxemia, mortality and other clinical outcomes in septic patients. The hypothesis tested was that hyperoxemia may be associated with lower 90-day mortality.

Methods

Study cohort

This study is a post-hoc analysis of the trial Albumin Italian Outcome Sepsis (ALBIOS), prospectively registered on 30 June 2008 - NCT00707122.¹⁴ The ALBIOS trial was a

multicenter, open-label, randomized, controlled trial (RCT) that enrolled 1810 patients with severe sepsis or septic shock. Adult patients who met the clinical criteria for severe sepsis or septic shock within the previous 24 h were screened for eligibility criteria and enrolled in the ALBIOS trial. Patients were randomly assigned to receive either 20% albumin and crystalloid solution or crystalloid solution alone for fluid replacement from randomization until day 28 or ICU discharge. All the other treatments were administered according to the standard guidelines of the treatment of septic patients. The study found that albumin replacement in addition to crystalloids, as compared to crystalloids alone, did not improve the survival at 28 or 90 days^{14,15}

For this post-hoc analysis, patients who had died within 48 h after randomization were excluded as well as patients whose data was incomplete regarding partial pressure of arterial oxygen (PaO_2) values at all timepoints. Recorded values of PaO_2 expressed in millimeters of mercury (mmHg) were collected at different time points during the first 48 h. Patients were stratified into two groups according to their weighted average PaO_2 levels, the cut-off value was established at 100 mmHg as in previous literature^{5,16}: patients with average PaO_2 in the first 48 h ($\text{PaO}_2\ 0-48\text{h}$) > 100 mmHg were assigned to the hyperoxemia group. Conversely patients with $\text{PaO}_2\ 0-48\text{h} \leq 100$ mmHg were included in the normoxemia group.

Outcomes

The primary outcome was 90-day mortality. Secondary outcomes were 28-day mortality, ICU mortality, duration of mechanical ventilation, length of stay in ICU, incidence of renal-replacement therapy and Acute Kidney Injury (AKI) defined according to the Kidney Disease: Improving Global Outcomes (KDIGO) criteria,¹⁷ days to suspension of vasopressor or inotropic agents, length of stay in ICU, and the percentage of resolution of primary and secondary infections.

Statistical analysis

Patients were dichotomized based on average $\text{PaO}_2 \leq 100$ mmHg or > 100 mmHg per hour for the first 48 h after randomization. PaO_2 was available at baseline, 6, 24 and 48 h. The area under the curve was calculated and divided by 48 to have the average PaO_2 value per hour.

Continuous variables were expressed as means \pm Standard Deviation (SD) when normally distributed, as median and interquartile range [IQR] when non-normally distributed. Categorical data were reported as frequencies and proportions. The Pearson χ^2 test, one-way ANOVA test, or Kruskal-Wallis test were used to examine differences between the two groups.

The associations between the groups and mortality at 90 days were presented by Kaplan-Meier. The Log-Rank test was applied to compare the survival distribution of the groups. Cox regression analysis was performed to estimate the hazard-ratio associated with the risk of mortality, adjusted for the variables selected considering baseline unbalances that were statistically and clinically relevant and independent from each other: type of admission, mechanical ventilation, shock (according to Sepsis-2 definition¹⁸), chronic renal failure and Simplified Acute Physiology Score II (SAPS II).

Five subgroup analyses were performed. In the first analysis, patients with hypoxemia ($\text{PaO}_2 \leq 60$ mmHg) at baseline were excluded, as done in previous literature in order to avoid the possible confounding effect of extremely low values of PaO_2 ⁵. The second subgroup analysis only focused on septic patients admitted to ICU after emergency and elective surgery, to evaluate the possible benefit of hyperoxia in this specific cohort of patients. Two other sub-group analyses were performed: one excluding patients with lung as primary site of infection and another one only including patients with lung as primary site of infection, to observe how the infection site would influence survival. Lastly, we performed a subgroup analysis including patients who underwent mechanical ventilation.

Results

Baseline characteristics

The ALBIOS trial included 1810 patients diagnosed with severe sepsis or septic shock. After the exclusion of 174 patients who died in the first 48 h, and 4 patients due to incomplete PaO_2 values, 1632 patients were included in this analysis (Supplementary Fig. 1). Information on the characteristics of excluded patients can be found in Supplementary Table 1. Baseline characteristics of the cohort included are shown in Table 1.

Patients were divided into two groups according to PaO_2 values during the first 48 h since randomization. Six hundred and sixty-one patients were assigned to the normoxemia group with PaO_2 $0-48\text{h} \leq 100$ mmHg, while 971 patients were allocated to the hyperoxemia group with PaO_2 $0-48\text{h} > 100$ mmHg. No significant differences were observed in the distribution of patients in the two study groups in relation to the study treatment (20% albumin and crystalloid solution or crystalloid solution alone for fluid replacement).

The proportion of patients mechanically ventilated was 10% greater in the hyperoxemia group. Abdominal and urinary tract infections were more often the primary site of infection in patients with hyperoxemia. Conversely, lung was more often the primary site of infection in patients with normoxemia. The proportion of patients with septic shock was greater in the hyperoxemia group, see Table 1.

At baseline (first time point, at randomization) PaO_2 values were similar between the two groups and differed significantly at 6 and 24 h from randomization (Fig. 1).

Primary outcome

Concerning the primary outcome, 344 (35.4%) patients in the hyperoxemia group vs. 236 (35.7%) in the normoxemia group died ($p = 0.909$, Table 2) within 90 days from randomization. Fig. 2 shows the Kaplan-Meier curves for survival up to day 90 according to study treatment that do not differ significantly ($p = 0.81$). The restricted cubic splines in Fig. 3 show the trend of the hazard ratio of 90-day mortality by arterial oxygen levels. After adjusting for type of admission, mechanical ventilation, SAPS II, presence of shock and chronic renal failure, hyperoxemia was not significantly associated with 90-day mortality (HR 0.87 (CI [95%] 0.736–1.028, $p = 0.102$)) (Table 3). Using log-transformed PaO_2 as continuous variable in the model did not change the results (Supplementary Table 2).

Secondary outcomes

Mortality at 28 days was similar in the two groups. AKI, proportion of patients who underwent renal-replacement therapy, timing of suspension of vasopressor or inotropic agents, resolution of primary infection and ICU mortality were not significantly different between the study groups. Patients with normoxemia underwent mechanical ventilation for a shorter period of time and had a shorter length of stay in ICU, compared to the hyperoxemia group (Table 2).

Subgroup analyses

After excluding 112 patients with a $\text{PaO}_2 \leq 60$ mmHg at baseline, the adjusted association between log-transformed continuous PaO_2 and 90-day mortality was not significant (Supplementary Table 3).

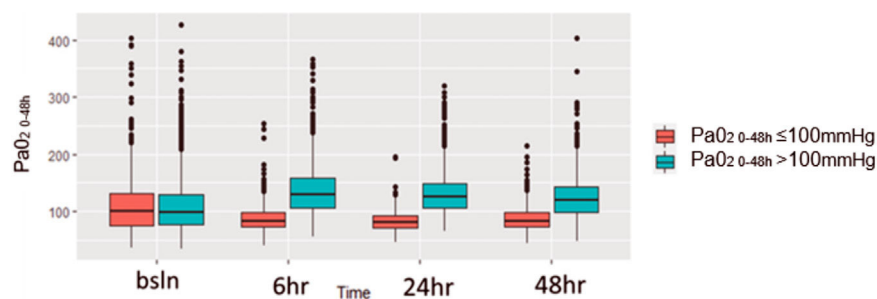
In the cohort of septic patients admitted after emergency or elective surgery ($n = 718$), hyperoxemia was not associated with lower or higher 90-day mortality (Supplementary Table 4A). Secondary outcomes did not differ between hyperoxemia and normoxemia groups (Supplementary Table 5).

In the cohort of patients without respiratory infections as primary source ($n = 969$), hyperoxemia was not significantly associated with 90-day mortality both in the unadjusted and adjusted analysis (Supplementary Table 6A). No significant adjusted association was found between log-transformed continuous PaO_2 and 90-day mortality in this group (Supplementary Table 6B). Conversely, the subgroup analysis including patients who had the lung as primary site of infection ($n = 663$) showed a reduced risk of 90-day mortality in patients with hyperoxemia both in the unadjusted and adjusted analysis (Supplementary Table 7A). This finding was

Table 1 Baseline characteristics of included patients.

			Overall N = 1632	PaO ₂ 0–48 h ≤ 100 mmHg N = 661 (40.7%)	PaO ₂ 0–48 h > 100 mmHg for 48 h N = 971 (59.3%)	P*
Treatment	Albumin	N (%)	805 (49.3)	330 (49.9)	475 (48.9)	0.689
Sex	Female	N (%)	628 (38.5)	250 (37.8)	378 (38.9)	0.651
Age	year	Mean (SD)	66 (14)	66 (14)	66 (15)	0.997
BMI	kg/m ²	Mean (SD)	27 (6)	26.9 (5)	26.4 (6)	0.107
Reason for admission	Medical	N (%)	914 (56.0)	388 (58.6)	526 (54.2)	0.071
	Elective	N (%)	116 (7.1)	55 (8.3)	61 (6.3)	0.115
	Emergency	N (%)	602 (36.9)	218 (32.9)	384 (39.5)	0.007
MAP	mmHg	Median [IQR]	73.3 [63.3–83.3]	72.3 [63–83.3]	73.3 [63.3–83.3]	0.298
Heart Rate	bpm	Median [IQR]	105 [91–120]	105 [90–120]	105 [92–120]	0.782
Urine output	ml/h	Median [IQR]	60 [30–100]	60 [30–100]	50 [30–100]	0.120
SAPS II score		Median [IQR]	46 [36–57]	45 [35–56]	47 [36–58]	0.041
hemoglobin	g/dl	Median [IQR]	10.8 [9.6–12.2]	11 [9.7–12.5]	10.7 [9.5–12.1]	0.0006
Arterial Oxygen Saturation	%	Median [IQR]	97 [95–99]	96 [94–98]	98 [96–99]	<0.0001
Central Venous Oxygen Saturation	%	Median [IQR]	73 [67–79]	71 [65–78]	74 [69–80]	<0.0001
Central venous pressure	mmHg	Median [IQR]	10 [7–13]	10 [6–13]	10 [7–13]	0.642
Mechanical ventilation		N (%)	1290 (79)	483 (73.1)	807 (83.1)	<0.0001
FiO ₂	%	Median [IQR]	50 [50–70]	55 [45–70]	50 [50–70]	0.761
Congestive/ischemic heart disease		N (%)	283 (17.3)	114 (17.3)	169 (17.4)	0.934
Liver disease		N (%)	23 (1.4)	9 (1.4)	14 (1.4)	0.892
Immunodeficiency		N (%)	204 (12.5)	82 (12.4)	122 (12.6)	0.924
Chronic renal failure		N (%)	63 (3.9)	18 (2.7)	45 (4.6)	0.049
COPD		N (%)	194 (11.9)	90 (13.6)	104 (10.7)	0.075
Active hematologic malignancy		N (%)	63 (3.9)	28 (4.2)	35 (3.6)	0.515
Active neoplasm		N (%)	58 (3.5)	20 (3.0)	38 (3.9)	0.341
AIDS		N (%)	15 (0.9)	5 (0.8)	10 (1.03)	0.569
Primary site of infection	Lung	N (%)	663 (40.6)	296 (44.8)	367 (37.8)	0.004
	Abdomen	N (%)	645 (39.5)	239 (36.1)	406 (41.8)	0.021
	Urinary tract	N (%)	222 (13.6)	75 (11.4)	147 (15.1)	0.028
	Other site	N (%)	296 (18.2)	120 (18.2)	176 (18.1)	0.988
Baseline lactate	mmol/L	Median [IQR]	2.3 [1.5–3.9]	2.2 [1.3–4]	2.4 [1.5–3.9]	0.353
Baseline albumin	g/L	Median [IQR]	24 [20–29]	25 [21–29]	24 [20–28]	0.024
White blood cells	baseline	Median [IQR]	12 [5.7–18.7]	11.6 [5.5–17.8]	12.2 [6.1–19.2]	0.072
	day 1	Median [IQR]	12.3 [7.7–18.6]	11.9 [7.2–18.4]	12.6 [7.9–18.7]	0.180
	day 2	Median [IQR]	12.3 [8.4–18.2]	12.2 [8.3–18.6]	12.3 [8.5–18]	0.865
	day 7	Median [IQR]	12.7 [9–18]	13.4 [9–18.3]	12.4 [9.1–17.8]	0.241
	SOFA score	baseline	Median [IQR]	8 [5–10]	8 [6–10]	8 [5–10]
Organ dysfunction	1 organ	N (%)	387 (23.2)	166 (25.1)	212 (21.8)	0.433
	2 organ	N (%)	622 (38.1)	249 (37.7)	373 (38.4)	
	3 organ	N (%)	428 (26.2)	164 (24.8)	264 (27.2)	
	4 organ	N (%)	204 (12.5)	82 (12.4)	122 (12.5)	
	5 organ	N (%)	0 (0)	0 (0)	0 (0)	
Septic shock		N (%)	992 (60.8)	375 (56.7)	617 (63.5)	0.005

* P value for Mann-Whitney or Chi² test, as appropriate. AIDS - Acquired Immune Deficiency Syndrome, BMI – Body Mass Index, MAP – Mean Arterial Pressure, COPD – Chronic Obstructive Pulmonary Disease, FiO₂ – Fraction of Inspired O₂, SOFA score - Sequential Organ Failure Assessment score.

**Fig. 1** Box-plot by patient group with distribution of PaO₂ values for the first 48 h.

The figure assesses the distribution of PaO₂ for different timepoints during the first 48 h for patients divided in two groups according to PaO₂ levels: in red patients with normoxiemia (PaO₂ 0–48h ≤ 100 mmHg) and in blue patients with hyperoxiemia (PaO₂ 0–48h > 100 mmHg). The horizontal line in the boxes indicates the median, the top and bottom of the box the interquartile range, and I bars the 5th and 95th percentile range.

Table 2 Primary and secondary outcomes according to study groups.

		Overall N = 1632	PaO ₂ 0–48h ≤ 100 mmHg N = 661 (40.5%)	PaO ₂ 0–48h > 100 mmHg for 48 h N = 971 (59.5%)	P*
Death at 90 days	N (%)	580 (35.5)	236 (35.7)	344 (35.4)	0.909
Death at 28 days	N (%)	399 (24.4)	169 (25.6)	230 (23.7)	0.386
Renal-replacement therapy	N (%)	366 (22.4)	143 (21.6)	223 (22.9)	0.526
Acute kidney injury	N (%)	232 (14.5)	95 (14.3)	137 (14.2)	0.606
Duration of mechanical ventilation in days	Median [IQR]	7 [2–25]	6 [2–15]	7 [3–14]	0.036
Days to suspension of vasopressor or inotropic agents	Median [IQR]	2 [1–4]	2 [1–5]	2 [1–4]	0.928
Length of stay – days in ICU	Median [IQR]	10 [5–20]	9 [5–20]	10 [6–19]	0.007
ICU mortality	N (%)	433 (26.5)	186 (28.1)	247 (25.4)	0.225
Resolution primary infection	N (%)	906 (55.5)	355 (53.7)	551 (56.7)	0.225
Secondary infection	N (%)	404 (24.8)	158 (23.9)	246 (25.3)	0.510

* P value for Mann-Whitney or Chi² test, as appropriate. ICU- intensive care unit; SOFA - Sequential Organ Failure Assessment.

confirmed by the adjusted analysis of the log-transformed continuous PaO₂ (Supplementary Table 7B).

Lastly, in the cohort of patients mechanically ventilated (n = 1290) hyperoxemia was not significantly associated with 90-day mortality (Supplementary Table 8A and 8B).

Discussion

The main finding of this post-hoc analysis of a large RCT is that in septic patients hyperoxemia was not associated with patients’ survival and other relevant clinical outcomes as compared to normoxemia (defined as PaO₂ 0–48h ≤ 100 mmHg). Similar results were obtained when the

cohort was restricted to septic patients admitted after emergency or elective surgery.

A recent meta-analysis of 9 RCTs on higher versus lower oxygenation strategies in an unselected cohort of critically ill patients admitted to intensive care unit found no significant difference in mortality at 90 days between groups (low certainty evidence), but showed a reduced rate of serious adverse events in patients with lower oxygenation strategies.⁷ Studies specifically evaluating the effect of different levels of PaO₂ on mortality of septic patients differ significantly regarding the definition of hyperoxemia and normoxemia, patients’ characteristics, size of the study cohort and design. The HYPERS2S study compared the effect of hyperoxia (defined as Fraction of Inspired Oxygen (FiO₂) 1.0) with normoxia (FiO₂ set to obtain a target arterial hemoglobin oxygen saturation of 88–95%) during the first 24 h in patients

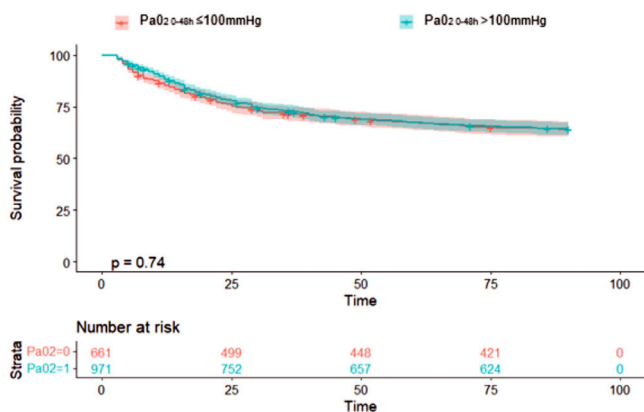


Fig. 2 90-day survival curve and life table of patients. In red patients with normoxemia (PaO₂ 0–48h ≤ 100 mmHg) and in blue patients with hyperoxemia (PaO₂ 0–48h > 100 mmHg). The colored area indicates the Confidence Interval (CI) while lines indicate the Hazard Ratio (HR).

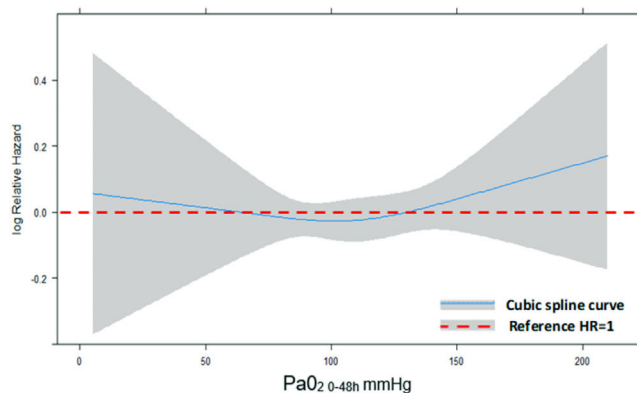


Fig. 3 Restricted cubic splines for 90-day mortality by arterial oxygen levels. In blue the cubic splines curve; in red the reference: hazard ratio=1.

Table 3 Survival analyses for 90-day mortality in PaO₂ groups (above or below 100 mmHg).

		HR	CI [95%]	P
UNADJUSTED ANALYSIS	PaO ₂ ABOVE 100 mmHg (reference category PaO ₂ _{0–48h} ≤ 100)	0.973	0.824–1.148	0.744
ADJUSTED ANALYSIS	PaO ₂ ABOVE 100 mmHg (reference category PaO ₂ _{0–48h} ≤ 100)	0.870	0.736–1.028	0.102
	Type of admission: surgical (elective + emergency) [ref=medical]	0.876	0.740–1.036	0.122
	Mechanical ventilation (ref=0)	1.826	1.414–2.358	<0.0001
	Shock (ref=0)	1.030	0.862–1.231	0.743
	SAPS II	1.020	1.024–1.035	<0.0001
	Chronic renale failure(ref=0)	1.368	0.960–1.949	0.083

SAPS II – Simplified Acute Physiology Score II. HR – Hazard ratio, CI – Confidence interval. * P value for Cox proportional hazards regression analysis.

with septic shock.¹² The trial was prematurely stopped due to safety reasons because of an observed increase of 28-day mortality in the hyperoxia group as well as serious adverse events such as ICU-acquired weakness and atelectasis. A post-hoc analysis of the same trial found that hyperoxia treatment for 24 h was associated with higher mortality in patients with septic shock.¹¹

A post-hoc analysis of the ICU-ROX trial including mechanically ventilated septic patients found no difference in 90-day mortality or secondary outcomes between patients treated with conservative (lowest FiO₂ to keep peripheral oxygen saturation (SpO₂) equal or above 91%) vs standard oxygen therapy, but point estimates of treatment effect consistently favored standard oxygen therapy.¹³ Martin-Fernandez et al. recently published a secondary analysis of a prospective observational trial investigating the effects of hyperoxemia in 454 postsurgical patients with sepsis or septic shock. Patients were stratified based on the PaO₂ level at the day of sepsis/septic shock onset (Hyperoxemia: PaO₂ > 100 mmHg, Normoxemia: PaO₂ ≤ 100 mmHg). Martin-Fernandez et al. found that patients with hyperoxemia had lower 90-day mortality, reduced length of ICU stay and shorter duration of mechanical ventilation in days.⁵ These findings contrast with our results as we found no survival advantage in patients with hyperoxemia either in the general cohort of septic patients or in the sub-group of surgical patients. On the other hand, we found that septic patients exposed to normoxemia had a shorter duration of mechanical ventilation and a shorter length of stay in ICU.

When patients with lung as primary site of infection were excluded, we found that hyperoxemia was not significantly associated with higher or lower 90-day mortality as well as in patients who underwent mechanical ventilation. Conversely, when we considered patients with lung as primary site, we found an association between hyperoxemia and lower 90-day mortality. A tentative interpretation of this finding may be the enhanced bacterial killing by higher partial pressure of oxygen.^{5,6} These findings need to be better researched prospectively by future ad hoc studies.

Strengths and limitations

Strengths of the analysis include the high quality of the trial design and of the generated dataset. Moreover, to the best

of our knowledge this post-hoc analysis includes the largest cohort of septic patients available. Unlike other studies, we decided to stratify the patients based upon PaO₂ values rather than SpO₂. This allowed us to avoid the risk of overestimating the effect of eventual brief episodes of rapid and marked desaturation. Lastly, patients' stratification based on weighted average PaO₂ during the first 48 h avoids the possible mis-categorization of patients that could result from the evaluation of a single value. Indeed, as shown in Fig. 1, PaO₂ values were similar between the two groups at baseline and differed significantly at 6 and 24 h.

Our study has limitations, mostly inherent to the nature of the study, which is a post-hoc analysis of a previous trial that was not designed to assess the effect of different levels of oxygenation on patient outcomes. So, due to the study design, residual confounding is likely to remain in the adjusted analysis for the primary outcome. Patients' stratification was based on weighted average values of PaO₂ during the first 48 h using the four timepoints collected in the original dataset: weighting on a more granular assessment would improve the categorization in the study groups. Moreover, we could not calculate the possible cumulative effect of exposure to oxygen supplementation over time (after 48 h), as was done in other studies on mechanically ventilated critically ill patients.¹⁹ Finally, co-interventions used at the time of patients' enrollment during the ALBIOS trial may differ from current clinical practice.

Conclusions

In this post-hoc analysis of a large RCT, hyperoxemia (defined as weighted average PaO₂ > 100 mmHg during the first 48 h) was not associated with improvement in patient survival or other relevant clinical outcomes. Further adequately powered RCTs are needed to draw definitive conclusions on the role of hyperoxemia in septic patients.

Declarations

Ethics approval and consent to participate: Not applicable.

Availability of data and materials: All data generated or analysed during this study are included in this published article and its supplementary information files.

Conflicts of interest

JMo has received consultancy from Active Medical, BV. GG has received payment for lectures from Fisher&Paykel, Getinge, Draeger, Cook, Mundipharma, Pfizer and research grants from Pfizer, MSD, Fisher&Paykel. All other authors declare that they have no competing interests.

Funding

Not applicable.

Supplementary materials

Supplementary material associated with this article can be found in the online version at [doi:10.1016/j.pulmoe.2023.02.005](https://doi.org/10.1016/j.pulmoe.2023.02.005).

References

- Young PJ, Hodgson CL, Rasmussen BS. Oxygen targets. *Intensive Care Med.* 2022;48(6):732–5. <https://doi.org/10.1007/s00134-022-06714-0>.
- Smit B, Smulders YM, van der Wouden JC, Oudemans-van Straaten HM, Spoelstra-de Man AME. Hemodynamic effects of acute hyperoxia: systematic review and meta-analysis. *Crit Care.* 2018;22(1):45. <https://doi.org/10.1186/s13054-018-1968-2>.
- Singer M, Young PJ, Laffey JG, et al. Dangers of hyperoxia. *Crit Care.* 2021;25(1):440. <https://doi.org/10.1186/s13054-021-03815-y>.
- Damiani E, Donati A, Girardis M. Oxygen in the critically ill: friend or foe? *Curr Opin Anaesthesiol.* 2018;31(2):129–35. <https://doi.org/10.1097/ACO.0000000000000559>.
- Martín-Fernández M, Heredia-Rodríguez M, González-Jiménez I, et al. Hyperoxemia in postsurgical sepsis/septic shock patients is associated with reduced mortality. *Crit Care.* 2022;26(1):4. <https://doi.org/10.1186/s13054-021-03875-0>.
- Greif R, Akça O, Horn EP, Kurz A, Sessler DI. Supplemental perioperative oxygen to reduce the incidence of surgical-wound infection. *N Engl J Med.* 2000;342(3):161–7. <https://doi.org/10.1056/NEJM200001203420303>.
- van der Wal LI, Grim CCA, van Westerloo DJ, Schultz MJ, de Jonge E, Helmerhorst HJF. Higher versus lower oxygenation strategies in the general intensive care unit population: a systematic review, meta-analysis and meta-regression of randomized controlled trials. *J Crit Care.* 2022;72:154151. <https://doi.org/10.1016/j.jcrc.2022.154151>.
- Tsonas AM, van Meenen DM, Botta M, et al. Hyperoxemia in invasively ventilated COVID–19 patients—Insights from the PROVENT–COVID study. *Pulmonology.* 2022. <https://doi.org/10.1016/j.pulmoe.2022.09.003>. Published online.
- Semler MW, Casey JD, Lloyd BD, et al. Oxygen-saturation targets for critically ill adults receiving mechanical ventilation. *N Engl J Med.* 2022;387(19):1759–69. <https://doi.org/10.1056/NEJMoa2208415>.
- Moussa MD, Beyls C, Lamer A, et al. Early hyperoxia and 28-day mortality in patients on venoarterial ECMO support for refractory cardiogenic shock: a bicenter retrospective propensity score-weighted analysis. *Crit Care.* 2022;26(1):257. <https://doi.org/10.1186/s13054-022-04133-7>.
- Demiselle J, Wepler M, Hartmann C, et al. Hyperoxia toxicity in septic shock patients according to the Sepsis-3 criteria: a post hoc analysis of the HYPER2S trial. *Ann Intensive Care.* 2018;8(1):90. <https://doi.org/10.1186/s13613-018-0435-1>.
- Asfar P, Schortgen F, Boissramé-Helms J, et al. Hyperoxia and hypertonic saline in patients with septic shock (HYPER2S): a two-by-two factorial, multicentre, randomised, clinical trial. *Lancet Respir Med.* 2017;5(3):180–90. [https://doi.org/10.1016/S2213-2600\(17\)30046-2](https://doi.org/10.1016/S2213-2600(17)30046-2).
- Young P, Mackle D, Bellomo R, et al. Conservative oxygen therapy for mechanically ventilated adults with sepsis: a post hoc analysis of data from the intensive care unit randomized trial comparing two approaches to oxygen therapy (ICU-ROX). *Intensive Care Med.* 2020;46(1):17–26. <https://doi.org/10.1007/s00134-019-05857-x>.
- Caironi P, Tognoni G, Masson S, et al. Albumin replacement in patients with severe sepsis or septic shock. *N Engl J Med.* 2014;370:1412–21. <https://doi.org/10.1056/NEJMoa1305727>.
- Cortegiani A, Grasselli G, Meessen J, et al. Albumin replacement therapy in immunocompromised patients with sepsis – secondary analysis of the ALBIOS trial. *J Crit Care.* 2021;63:83–91. <https://doi.org/10.1016/j.jcrc.2021.01.016>.
- Madotto F, Rezoagli E, Pham T, et al. Hyperoxemia and excess oxygen use in early acute respiratory distress syndrome: insights from the LUNG SAFE study. *Crit Care.* 2020;24(1):125. <https://doi.org/10.1186/s13054-020-2826-6>.
- KDIGO clinical practice guideline for acute kidney injury. doi:10.1038/kisup.2012.1
- Levy MM, Fink MP, Marshall JC, et al. 2001 SCCM/ESICM/ACCP/ATS/SIS international sepsis definitions conference. *Intensive Care Med.* 2003;29(4):530–8. <https://doi.org/10.1007/S00134-003-1662-X>.
- Zhu Z, Zhou M, Wei Y, Chen H. Time-varying intensity of oxygen exposure is associated with mortality in critically ill patients with mechanical ventilation. *Crit Care.* 2022;26(1):239. <https://doi.org/10.1186/s13054-022-04114-w>.